

SEPTEMBER 2025

NEWSLETTER



Tel: 01562 824206

Email office@stgprimary.org

Website: www.stgprimary.org

"I can do all things through Christ because he gives me strength." Philippians 4:13

Message from the Head

Dear Parents/Carer

The children have returned to school after the summer break and have settled well with their new teachers and in their new learning environments.

It has been lovely to pop into the classes and see the children enjoying their learning linked to the topic-This Is Me. All the children have completed their DT cooking unit and it has been wonderful to watch the children showing great courage with tasting the food they have prepared. The smoothies in Year 1 were delicious (especially the one with the beetroot) and the vegetable pasties made by the capable Year 6 children were a real treat. The children even made their own short crust pastry!

The school photographer (Tempest) was in school last week and you should have been sent an email directly from this company with information regarding ordering the photographs. The company will continue to liaise with school in order to remind any parents who may have missed this information. Do not hesitate to contact the school office if you want any further support with your order.

We have booked a whole school trip to the Artrix Theatre in Bromsgrove on Friday 12th December. The children and staff from Reception to Year 6 will be able to enjoy watching Treasure Island. This trip has been heavily subsidised by school, but the cost of transporting the whole school to Bromsgrove is expensive. Further information regarding the theatre trip will be sent out separately and payment for this trip will be accessed through Arbor. On that day, children in receipt of Free School Meals or Universal Free School Meals (Rec, Y1 and Y2), will be provided with a sandwich and the meal choice that day will only be a sandwich option -there will be no hot meal options for that day.

We are extremely proud to have been awarded the **GOLD** Church School Partnership award by the Diocese. The presentation will be in school, and we will have some very important visitors attending. Unfortunately, we will not be able to invite Parents/Carers to the presentation, but we aim to capture this special moment and share our photographs on the school website and newsletter. The presentation date is on Wednesday 10th December.

Information regarding Parent Consultations on Tuesday 21st October and Wednesday 22nd October will be shared in a separate letter. However, these meetings are an opportunity to visit your child's teacher, discuss how they have settled at school and agree targets for future progress. Our aim is for 100% attendance at these important meetings. I look forward to seeing you at school on these days. The WEST (NHS) team will be on site too, if you have any worries or concerns.

Best wishes

Headteacher

Attendance

SEPT 2025

The target this year is to ensure all children have at least 96% attendance.

Attendance for the month of September was 96.1%. This is in line with our target- keep up the great attendance.

Thank you to all Parents and Carers for ensuring that their child/ren attend school and are **punctual for the start of the school day**. Good attendance has a positive impact on your child's well-being and educational outcomes.

We do know that from time-to-time children are really too poorly to come to school. If this is the case, please ring the school office by 9.15am on 01562 824206 or email, if you prefer,

office@stgprimary.org. Phones are manned from 8.00am but an answerphone service is available before this time. It is important that you inform school if your child is unwell.

If your child is ill and you are unsure if they should be in school, please look at the guidance in the following link: [Is my child too ill for school? - NHS](#)

**Well done to Year 4
for the best
attendance in
September!**

IS MY CHILD TOO ILL TO GO TO SCHOOL?

- | | |
|--------------------------|-----------------|
| ✓ Minor coughs & cold | ✓ Ear infection |
| ✓ Sore throat | ✓ Cold sores |
| ✓ Conjunctivitis | ✓ Tonsillitis |
| ✓ Respiratory infections | ✓ Head lice |

GO TO SCHOOL



- | | |
|------------------------|-----------------|
| ✗ Whooping cough | ✗ Covid |
| ✗ High temperature | ✗ Flu |
| ✗ Chickenpox | ✗ Scarlet fever |
| ✗ Diarrhoea & vomiting | ✗ Measles |

STAY AT HOME



Safe Food Preparation for Under 5s



Early years food choking hazards

Below is a table of advice on key foods for care givers who are involved with preparing and serving food for babies and young children (under 5 years old)

Vegetable and fruits	Advice
Pips or stones in fruit	Always check beforehand and remove hard pips or stones from fruit.
Small fruits	Cut small round fruits like grapes, cherries, berries, strawberries and cherry tomatoes, into small pieces: cut lengthways and then again cut them in halves (quarters).
Large fruits and firm fruits	Cut large fruits like melon and firm fruits like apple into slices instead of small chunks. For very young children, consider grating or mashing firm fruits, or softening them up by steaming or simmering.
Vegetables	Cut vegetables like carrots, cucumber and celery into narrow batons. For very young children consider grating or mashing firm vegetables and legumes like butter beans, chickpeas and tofu, or softening them up by steaming or simmering.
Skin on fruit and vegetables	Consider removing the skin from fruit and vegetables, especially for very young children. Peeled fruit and vegetables can be swallowed more easily.
Cooking fruit and vegetables	Consider softening firm fruit and vegetables (such as carrots, broccoli, yam and apples) by steaming or simmering until soft. Serve cut into slices or narrow batons.
Meat and fish	Advice
Sausages and hot dogs	Cut sausages and hot dogs into short strips. Cut them in half and then lengthways or as thinly as possible. Peeling the skin off the sausages helps them to be swallowed more easily.
Meat or fish	Remove bones from meat or fish. Cut meat into strips as thinly as possible. Remove skin and fat from meat and fish, it will help the food pass smoothly down the throat.
Cheese	Advice
Grate or cut cheese	Grate or cut cheese into short strips. Cut lumps of cheese as narrow as possible.
Nuts and seeds	Advice
Chop or flake whole nuts	Chop or flake whole nuts, peanuts and seeds. Whole nuts should not be given to children under five years old.
Bread	Advice
White bread and other breads	White bread can form a ball shape with a dough-like texture at the back of a child's throat, if not chewed properly. Brown bread or toasted white bread are good alternatives. Cut bread, chapatis, naan bread and other breads into narrow strips.
Snacks and other foods	Advice
Popcorn	Do not give babies and young children popcorn.
Chewing gum and marshmallows	Do not give babies and young children chewing gum or marshmallows.
Peanut butter	Do not give babies and young children peanut butter on its own, only use as a spread.
Jelly cubes	Do not give babies and young children raw jelly cubes.
Boiled sweets and ice cubes	Do not give babies and young children boiled, hard, gooey, sticky or cough sweets, or ice cubes.
Raisins and other dried fruits	Do not give babies under the age of 1 whole raisins or dried fruits. Cut them into small pieces.

Here is some advice about how to stop your child from choking:

<https://www.nhs.uk/conditions/baby/first-aid-and-safety/first-aid/how-to-stop-a-child-from-choking/>

Managing Behaviour at Home: Self-regulation

10 Top Tips on Supporting Children with SELF-REGULATION

Children need to learn to understand and recognise their emotions, while finding healthy ways to process them. Emotional self-regulation, however, depends heavily on age and development. While very young ones or children with special educational needs and disabilities (SEND) may find it particularly challenging to self-regulate, nurturing these important skills can be hugely beneficial. Here are ten top tips for supporting children with their self-regulation.

1. DESIGNATE A TRUSTED ADULT



It's vital that children feel safe and know that there's someone they can always go to for help if they need it. Schedule consistent times for the child to develop a relationship with this person – ideally through play and games – allowing trust to grow and ensuring that the child is more likely to come forward if anything is wrong, rather than hiding their emotions.

2. MEET CHILDREN HALFWAY

Unless you know where a child is developmentally and tailor your approach to their needs, you're less likely to have an impact. In particular, younger ones and children with SEND can struggle to self-regulate and instead rely on others to help them. We call this 'co-regulation'. Rather than offering strategies for self-regulation, it could be better to start co-regulating with a trusted adult first.

3. FACTOR IN THEIR BASIC NEEDS



Remember that for a child to develop emotional regulation skills, their basic needs must be met first. Children who are hungry, tired, cold and so on – as well as those who have experienced adverse childhood experiences – may struggle to self-regulate. Before you develop strategies with any child, make sure they feel safe, secure and comfortable in themselves.

4. REMAIN PATIENT



If a child is struggling with their emotions, it can often become difficult to stay calm. Remember that dysregulation is beyond their control, so a display of frustration or anger could negatively impact the situation. Instead, children need to be met with comfort and understanding to help them manage these problematic feelings.

5. BE 'A DYSREGULATION DETECTIVE'



While some children can tell you why they become dysregulated, many others can't. You could investigate potential triggers by observing the child and talking to their family. When the child becomes dysregulated, note down details like the time, what they're doing and who they're with – the trigger may be someone they sit near, an unmet sensory need or something else entirely. Once we identify some triggers, we can help to avoid or overcome them.

6. USE SUITABLE LITERATURE



There are some wonderful books that can help you teach self-regulation to children. Reading these with a child can be especially powerful. Take time to discuss the content: ask questions about what feelings the characters had, why they felt that way and what strategies helped them. It can also be useful to refer back to snippets of these books at appropriate moments.

7. TRY SENSORY RESOURCES



An overlap between sensory needs and emotional regulation is possible. Children may struggle to self-regulate if they're experiencing sensory overload (a noisy classroom, for example). Positive sensory input can help calm them down. Use resources such as weighted blankets and fibre-optic lights. Of course, what works for one child might not work for another – so it's important to offer a choice of resources to discover which they prefer.

8. NURTURE INDEPENDENCE



If you feel it's appropriate, let children try out these strategies alone. Always offer them a choice: they could listen to music when they're feeling stressed, for example, or they could write down their worries or draw something to represent how they feel. This may take time for the child to get used to, so be patient. Encourage them to share any helpful strategies with a trusted adult.

9. MODEL GENUINE FEELINGS



Children learn a lot just from watching grown-ups. Don't be afraid to show your own emotions and self-regulation strategies. While you'll obviously want to avoid sharing anything too personal with children, they should still see us experiencing and handling our own feelings. Tell them how you are feeling, then show them how to respond in a healthy manner.

10. FORMULATE A PLAN



As much as we try to prevent children from experiencing dysregulation, it's always wise to have an appropriate plan for when it does happen. Discuss this strategy with the child (if appropriate) and their family. The best approach for an individual child is often a bespoke one; it's hugely important to know in advance what might help and what could worsen the situation.

'Wear a Word' Day

Help us to bring vocabulary to life!



Date:

Friday 17th October
2025

What to do:

Come to school
dressed as your
favourite word.

Be creative! We
want lots of colour
and clever word
play, but your
costume must link
to your word.

Attach a label to
your costume with
your word and the
definition!

Ideas:

Gigantic: wear oversized clothes

Glamour: wear your best party outfit

Archaic: wear something old

Puzzled: wear question marks

Camouflage: wear something that blends in!

NURSERY

It has been lovely to welcome both familiar and new little faces into Nursery. The children are settling into our routines and having fun exploring the inside areas of Nursery and the garden.

In September our theme was 'This Is Me'. We've used all sorts of media such as paint, crayons and playdough to make portraits of our faces. We have been talking about our families and where we live.

We enjoy sharing books together and have had special treats when we've made pizza and iced biscuits. What a great start to the new academic year!



The Nursery Team

RECEPTION

The children have been busy settling into Reception, and we are really proud of how well they have settled! The children have had lots of fun talking and finding out about themselves and their peers, as well as learning how to play in the different areas of our classroom.



As well as playing and exploring, the children have been busy learning lots in their Phonics, Writing and Maths lessons.

In Phonics, we have started to identify single letter sounds, as well as learning how to form these letters accurately. Please continue to practise recognising the taught sounds at home, using the sound cards and QR codes provided.

In Writing, the children have really enjoyed learning the following stories: Mr Wiggle and Mr Waggle, The Squeaky Story and The Little Red Hen. We retell these stories daily with actions and puppets, so the children develop a deep understanding of these texts and can retell them with their peers with ease. The children have loved making marks about these familiar texts in a range of different ways, including drawing characters and creating their own story maps.

In Maths, the children are developing their number sense and are being provided with lots of exciting opportunities to develop counting with one-to-one correspondence with objects, actions and sounds, focusing on numbers to 5.

Please note our PE day is on a **Thursday** and your child's PE kit should be sent into school and remain in school until half term, when it will be sent home to be washed. Our Forest School Day is on a **Friday**, and your child can come to school dressed in their forest school clothes on this day.

Thank you all for your support and engagement so far, if you have any questions or worries please do not hesitate to speak to a member of the Reception team and we will do our very best to help!

The Reception Team

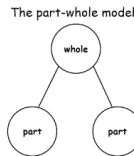
Miss Austin and Mrs Devonport 😊

YEAR 1

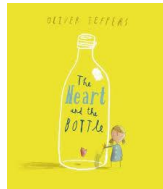
We have had such a great start to Year 1! 😊

We have settled in well to our new classroom environment and have started to become great at being responsible for the resources in the classroom!

In Maths we have been learning about part, part, whole models and we have been practising writing them in chalk in our outdoor area.



In Writing we have been writing sentences that include a capital letter, full stop and finger spaces between the words. Please help us to practise this at home. As a class we read stories every day and the children have incredible imaginations when retelling them.



In Art we have improved our drawing skills and created faces using fruit in the style of Arcimboldo.



In D&T we have made healthy smoothies! We have developed our knowledge about where food comes from (animals or plants) and we have learnt how to safely chop fruit! Our favourite bit was tasting the smoothies after we had made them! We got very messy!



In PE we have loved using the ribbons to create dance routines to different types of music!

In PSHE we have been talking about families, friendships and communities. The children have enjoyed talking about their families and we have circle time to ensure that everybody has a chance to share. We have been discussing the importance of listening and following instructions the children have been developing these skills through games and teamwork.

Just a reminder that PE days are **Monday** and **Friday**.

Please could keyrings and toys be left at home as we want to keep the cloak room safe and tidy!



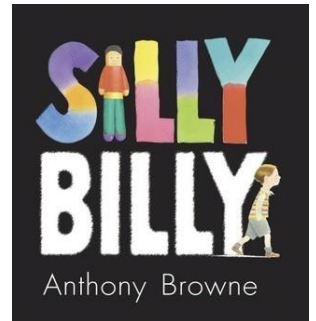
Any questions please do not hesitate to ask.

Miss Hall and the Year One team 😊

YEAR 2

We have had a brilliant start to Year 2! We have settled into our new classroom environment really well and have enjoyed exploring the different areas within it.

In Writing we have been looking at 'Silly Billy' who worried about LOTS of things! We created actions and story maps to help us to retell the story. We then used these to make changes to the characters and create our own versions of the story!



We have also been working really hard in Phonics and Reading. We read stories as a class and independently everyday to help us to improve our love of reading and learning. We love hearing about how the children are getting on with reading at home so please read with them as much as possible.

In Maths we have been looking at place value. We have been using base ten and numicon to help us to understand the position of the tens digit and the ones digit, and explore how different numbers can be partitioned.

In PE and Forest School we have been developing our teamwork skills and learning the importance of working together. We have explored how we can throw a ball to our partners in PE in a way that can help them to catch it, and even created our own games to build these skills. We have also been taking part in different Forest School activities and have been enjoying using our imaginations to explore the area.



Through Art we have been practising using our sketching and observational skills to create artwork in the style of Anthony Brown!

In Design Technology, we have been learning about healthy food choices and made pizzas! The children were very excited to make them, and were keen to share their opinions after tasting them.

Just a reminder that we have Forest School every **Monday** and PE every **Thursday**, so please make sure that your child has suitable clothing and is able to remove any jewellery. If earrings cannot be removed please kindly provide tape for your child to cover them with.



Thankyou for all of your support so far,

Miss McPhie, Miss Steward, Mrs Jahan and Mrs Duweke 😊

YEAR 3

It has been fantastic getting to know the children in Year 3 over the first few weeks back in school. They have all settled well into Key stage 2 and we have made a good start to the new school year.

In English, we have been looking at the book *Can I build another me?* By Shinsuke Yoshitake and using it to help us write a character description about ourselves using expanded noun phrases. In maths, we have been using concrete and pictorial resources to help us reactivate and build on our place value knowledge of numbers up to 1,000. In reading, we have started to use our expert tips to help us answer comprehension questions on our class text, *The Diary of a Killer Cat* by Anne Fine.

In science, we have started to look at plants and the different parts of the plant and what they do. We have looked at the roots of a plant, and we have been looking at the stems of different plants and thinking about their function.

The children have enjoyed looking at the artist Frida Kahlo in our art lessons and will be creating a self-portrait using different pencil grades to add light and shadow over the forthcoming weeks. In computing, we have reactivated our knowledge of how to stay safe online and we have discussed how to use trusted websites as the internet can have fake news, other people's beliefs and opinions that are not always correct.

We have all enjoyed our DT work where we looked at how to eat healthy and where our food comes from. We spoke about food miles and how some foods that we grow in the UK are seasonal before we created our own seasonal vegetable soup where we had to chop, grate and measure the ingredients before blending it as the children voted to have a smooth soup. Most of us then tried our creation with a mixed verdict on how it tasted.



Our PE lessons take place every **Monday** and **Wednesday**. Please ensure that your child brings their PE kit to school on these days and can remove any jewellery they are wearing. If earrings cannot be removed, kindly provide tape for them to cover the earrings. Additionally, please make sure that long hair is tied back for these sessions.

In KS2, students are expected to read at least five times per week. Those who meet this goal will be entered into a special reading raffle, giving them the chance to win a prize.

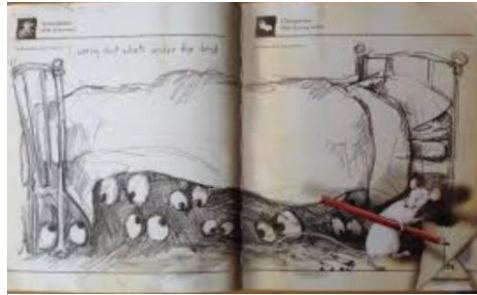
Thank you for your continued support.

Miss Powell, Miss Moraity and Miss Stuart 😊

YEAR 4

What a brilliant start it has been in Year 4. The children have settled in beautifully and it's been a real pleasure continuing to get to know each of them. Their enthusiasm and attitude to learning has truly increased since teaching them previously. This has made the classroom a really lovely place to learn together.

In Writing, we've been exploring *The Little Mouse's Big Book of Fears*, which has sparked some brilliant conversations about emotions and how we can express them in our writing. We've been learning how to use similes to add imagination to our descriptions e.g. **"The mouse was as frightened as a balloon about to pop."** The children have really enjoyed experimenting with language and sharing their ideas.



In Maths, we've been building on our understanding of place value, looking closely at the value of each digit in numbers up to 10,000. We've used practical resources and visual models to help us compare and order numbers, and we've practised using symbols like greater than (>) and less than (<) to show our reasoning.

In Reading, we started '**Comprehension Express**'. This resource helps us become more confident and thoughtful readers. We've been learning to use our **Expert Tips** to answer questions carefully and explain our thinking clearly. By reading a variety of class texts, it has created lots of great discussions, and we are looking at ways so that we can understand what we read more effectively.



In Science, we've begun our topic on the **digestive system**, exploring the different parts of this system and how our food travels through our body. I haven't laughed so much when the children re-created this using digestive biscuits and coke to imitate what happens!



In DT, we've been exploring international food, with a focus on the **French dish, omelette**. The children had a brilliant time making omelettes, learning how to cut, grate, crack eggs, whisk and cook safely. We talked about flavours from around the world and how food connects us to different cultures. We then enjoyed tasting what we had made and reviewed our own cooking (I'm happy to share our recipe for those who would like to recreate it).

In PE, we've been focusing on our swimming skills, where Year 4 have been working at a range of levels. It's been fantastic to see their confidence grow in the water as they practise **strokes, breathing techniques** and **water safety**.

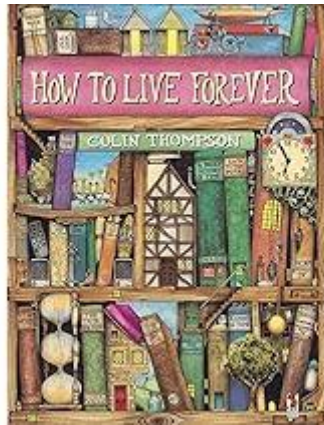
YEAR 5

We've had a very busy and exciting term full of learning across lots of different subjects!

We have been developing our understanding of **animals, including humans**. We learned how the human body changes and discovered the different gestation periods of animals – it was fascinating to compare!

In maths, we have been exploring place value with numbers up to 1,000,000. We have practised ordering, comparing, and recognising the value of each digit to strengthen our number sense.

We used Colin Thompson's book ***How to Live Forever*** as inspiration to write setting descriptions. We focused on using ambitious skills such as fronted adverbials, adverbs, and figurative language to make our writing more descriptive and exciting.



We explored a range of texts during our Comprehension Express lessons. We worked hard to use expert tips and strategies to help us decode texts and uncover their deeper meanings.

We played netball this term and developed our throwing, catching, and communication skills. We also enjoyed taking part in *The Daily Mile*, keeping us fit and active.

We learned about different **types of families** and explored the importance of marriage and friendships. We also discussed the impact of bullying and how we can support one another with kindness and respect.

We recapped **sketching techniques** and practised drawing with charcoal to create self-portraits in the style of L.S. Lowry. In D.T., we explored the history of bread and learned how it has been an important part of life throughout the ages. We made our own delicious bread rolls to celebrate harvest.

It has been a fantastic term, full of **creativity, curiosity, and teamwork**. We are proud of everything we have achieved!

Miss Woolford, Mrs Colley-Mardell and the Year 5 team.

YEAR 6

We have had a busy yet exciting start to our year in Year 6 and all the children have settled in well. During the 'This is Me' topic, we have focused on ourselves and our emotions. In writing, we read *The Boy, The Mole, The Fox and the Horse* and used it to inspire us to create a setting description using a range of descriptive language.



In maths, we have developed our understanding of place value and have applied this to a variety of reasoning questions including some SATs questions. In art, we created a self-portrait using John Tenniel as our inspiration. We developed our knowledge of proportion, scale and perspective and applied this our portraits. We will be using Austin's Butterfly to give the children an opportunity to feedback on each other's work in order to do several attempts – this also develops resilience

In our D.T, we explored what it means to have a healthy, balanced diet and we made pasties which incorporated different food groups. We developed several cooking techniques such as chopping, dicing, boiling, baking and sauteing. They were delicious!



We are looking forward to our next unit of work, 'My Place, My Time' where we will explore different climate zones and biomes as well as the reign of King John in our history lessons.

Miss Edwards and Mrs Smith 😊

IMPORTANT DATES and REMINDERS

Monday 13th to Friday 17th Oct – School Book Fayre After School Daily

Friday 17th Oct – Come to school dressed as your **favourite word**

Tuesday 21st and Wednesday 22nd Oct – Parent Consultations

Thursday 23rd Oct – Harvest Festival 2.15pm till 3.00pm

Friday 24th October – Children Break up for **Half Term Holidays**

Monday 3rd November – TED Day - school is closed

Tuesday 4th November – Children **back in school**

Monday 10th November - Flu Vaccination Day

Friday 28th November – Non School Uniform Day bring a bottle

Friday 5th December – Non School Uniform Day bring toiletries

Friday 12th December – Whole School Panto Trip Artrix Theatre

Friday 12th December – St George's **Christmas Fayre** 3.30pm

Tuesday 16th December – Christmas Lunch in school

Thursday 18th December – Christmas **Service** in church **2.15pm**

Friday 19th December – Party Day and School beaks up for Christmas

Safeguarding is Everyone's Responsibility

If you feel a child is at risk of immediate harm and needs immediate protection phone the police and the Family Front Door on **01905 822666**.



We are offering an '**after school provision**' throughout the week at St George's for the **all the children**. Your child/children will have the opportunity to do some **creative and engaging activities** and will be provided with a **hot snack** if they choose to stay for the **later slot**.

- After school club starts at **3.15pm**.
- There will be two slots available for the '**Little Pears**'.
- The first slot will run from **3.15pm-4.30pm** at a cost of **£6.00**.
- The second slot available is from **3.15pm-5.30pm** Monday, Tuesday, Wednesday and Thursday. Friday **3.15pm-5.15pm** at a cost of **£7.50**.
- If your child is staying until **5.30pm**, they will be provided with a hot snack. Hot snacks e.g., beans or cheese' on toast.

If you would like your child/children to attend '**Little Pears**' after school club, please contact office@stgprimary.org or ring on 01562 824206.

Please contact us as soon as possible, so we can ensure that we can facilitate your wishes.



Family Hub News

Did you come and see us over the summer break?

We held our annual Lickhill Family Fun Day and engaged with over 200 families. It was a great day. We were also at Woodbury Road Park, on the Walshes and at the libraries.

Take a look at our Autumn timetable and see what's on offer at

worcestershire.gov.uk/familyhubs



Free Online Courses



The Solihull Approach online parenting courses are a series of NICE approved resources for parents and carers who want to learn more about sensitive and effective parenting and building a positive relationship with their child. Parents are also helped to understand how they can influence their relationship with their child through play.

The courses are FREE with access code: PARENTSROCK at www.inourplace.co.uk for residents in our area. There are courses for parents, carers and grandparents about children from bump to 19+ years on a range of topics including pregnancy, teenagers, relationships and more.

Healthy Start

With Healthy Start, you could be entitled to weekly support towards: Veg, Fruit, Milk, Infant formula milk, Pulses and Healthy Start Vitamins. Vitamins are available from our Family Hubs. Find out if you are eligible and apply: www.healthystart.nhs.uk



Launching Healthy Homes...



We are excited to share the launch of the Healthy Homes initiative - designed to help families create safer, healthier and happier home environments.

Through Healthy Homes, families can access friendly support and practical advice on everyday wellbeing topics such as :

- creating **smoke-free homes**;
- practising **safer sleep** for babies and young children;
- looking after **mental health and emotional wellbeing**;
- making **healthier choices** as a family

You will see Healthy Homes Family Hub teams out in the community and at local events, ready to chat, offer guidance and connect you with services that can make a real difference.

Whether you are looking for tips, support, or just someone to talk to, Healthy Homes is here to help your family thrive.

Saturday Family Play - Booking essential

Saturday 11th October

10.00am - 11.30am

BROOKSIDE FAMILY HUB



Saturday 13th December

10.30am - 12.00pm

BROOKSIDE FAMILY HUB

Come meet Santa!



Birth & Beyond Reunion

Join us after completing your Birth and Beyond antenatal Programme for a warm welcome into parenthood. Celebrate your journey, connect with other new parents and discover what support and activities are available in your local area.

Dates will be shared on completion of Birth & beyond

Booking System

Some of our parenting groups and workshops can now be booked directly by parents/carers using the trybooking system. Scan the QR code or visit www.worcestershire.gov.uk/groups



Stop Smoking

Smoke Free Homes:

Anyone living with a child under 19 years old in Worcestershire can now get expert support to stop smoking. To sign up to this service email

whcnhs.smokefreehomes@nhs.net

Useful Links & Community Information

We hold our Self-Weigh Sessions at Bewdley and Stourport Libraries.

- Stourport Library - 1st Monday of the month 11am - 12 noon
- Bewdley Library - 2nd Wednesday of the month 10am - 11am
- Half Crown Wood Family Hub - Every Thursday 1pm - 2.30pm
- **RETURNING Monday 1st September** - Brookside Family Hub - Every Monday 9.30am - 11am

How often should my baby be weighed?
no more than **once a month** up to 6 months of age;
no more than **once every 2 months** from 6 to 12 months of age;
no more than **once every 3 months** over the age of 1.

See what else is happening:

Support available at our hubs:

- Breast Buddies
- Men United
- Twin Time
- Kinship Carers

www.worcestershire.gov.uk/council-services/worcestershire-libraries

kidderminster.foodbank.org.uk/

Please see our timetable for more information including days & times.

Keep in Touch

[Family Hubs - Wyre Forest](#) | [Kidderminster](#) | [Facebook](#)

- Brookside Family Hub, Borrington Road, Kidderminster, DY10 3ED
Phone: 01562 827207
- Half Crown Wood Family Hub, Princess Way, Stourport-on-Severn, DY13 0EL
Phone: 01299 877920

BARNARD'S

 **worcestershire**
county council

Wyre Forest Family Hub Community Groups - Autumn Term Timetable (2025)



Mon

Self -weigh
Stourport Library
New St,
Stourport-on-Severn
DY13 8UN
11 am - 12 pm
1st Monday of the
month
No need to book,
just turn up!

Tue

**Understanding
Your Child**
In partnership with
WEST
A bookable group for
parents/carers
Kidderminster Library,
Market St
Kidderminster
DY10 1AB
9.30 - 11.30 am
07/10/25 - 09/12/25
(not including half term)

Wed

Self -weigh
Bewdley Library
Dog Lane, Bewdley
DY12 2EF
10 - 11 am
2nd Wednesday of the
month
No need to book, just
turn up!

Thu

**Healthy Start
Vitamins..**
Available from
Brookside and Half
Crown Wood Family
Hubs
To check your
eligibility:
www.healthystart.nhs.uk

Fri

To find out more
and to book a place
on of our groups/
workshops for
parents/carers
please go to our
TryBooking page
www.worcestershire.gov.uk/groups

What's coming up...

Support with accessing funding
for childcare:



We can help you to apply for
nursery and childcare funding,
please call : 07738 860812



Understanding Your Baby

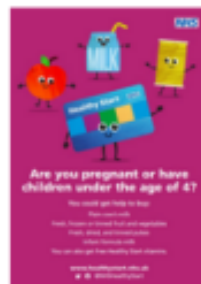
A bookable group for
parents with babies
aged 0 - 6 months

Treetops Early Years
Hub
Woodbury Rd,
DY11 7JJ

9.30 - 11.30 am
21/10/25 - 09/12/25

Find us on Facebook...

Family Hubs - Wyre
Forest



Some groups and services
are provided by external
partners /agencies and are
subject to change

www.worcestershire.gov.uk/familyhubs

Groups for Parents and Carers

September to December 2025



For more information, or to book your place please contact us...

Brookside Family Hub, Borrington Road, Kidderminster DY10 3ED

Phone : 01562 827207

Half Crown Wood Family Hub, Princess Way, Stourport DY13 0EL

Phone: 01299 877920

email: admin.wyreforest@barnardos.org.uk



Changing childhoods. Changing lives.







Find us on Facebook... Family Hubs - Wyre Forest







www.worcestershire.gov.uk/familyhubs

Brookside Family Hub - Autumn Term Timetable (2025)

Mon	Tue	Wed	Thu	Fri
<p>Stay and Play 9.30 - 11 am Suitable for babies and children aged 0 - 5 years No need to book, just turn up!</p>	<p>Breast Buddies Peer Support Group 10 - 11.30 am To book your place email whcnhs.breastfeeding.support@nhs.net</p>	<p>Midwife Clinic Booked appointments</p>	<p>Midwife Clinic Booked appointments</p>	<p>Speech & Language Booked appointments</p>
<p>Well Child Clinic 9.30 am to 3 pm Bookable appointment with a Community Nursery Nurse To book call 01905 520032</p>	<p>Men United Dad's and Male Caregivers Peer Support Group every other Tuesday 1 - 3 pm No need to book, just turn up!</p>	<p>Birth and Beyond 9.30 - 11.30 am A 4 week preparation for parenthood group for first-time parents Running on a monthly basis A bookable programme, to book call 01562 827207</p>	<p>Time for Baby Stay and Play 10 - 11 am A postnatal stay and play group for newborn and non-movers and parents/carers. No need to book, just turn up!</p>	<p>Kinship Carers Peer Support Group 9.30 - 11.30 am Second Friday of each month</p>
<p>Physiotherapy Drop-in 9.30 - 11 am 1st Monday of each month For parents/carers with children aged 0 - 5 years with concerns around their child's motor skills</p>	<p>Find us on Facebook...  Family Hubs - Wyre Forest  </p>	<p>SEND Peer Support Group 1 - 2.30 pm For parents/carers of children and young people with additional needs 2nd and 4th Wednesday of the month</p>	<p>Understanding Your Child A bookable group for parents 12 - 2 pm 18/09/25 - 23/11/25 (not including half term)</p>	<p>You can book onto any bookable course using the link and QR code: www.worcestershire.gov.uk/groups </p>
<p>Understanding Your Child / Teen A bookable group for parents 5 - 7 pm 03/11/2025 - 02/02/2026 (not including Christmas holidays)</p>		<p>Twin Time 1 - 2.30 pm A group for twins and multiples, every other Wednesday</p>	<p>Some groups and services are provided by external partners / agencies and are subject to change</p>	<p>www.worcestershire.gov.uk/familyhubs</p>

Half Crown Wood Family Hub - Autumn Term Timetable (2025)

Mon	Tue	Wed	Thu	Fri
<p>Speech & Language Booked appointments</p>	<p>Midwife Clinic Booked appointments</p>	<p>Well Child Clinic 9.30 - 11.30 am 2nd and 4th Wednesdays of the month Bookable appointment with a Community Nursery Nurse To book call 01905 520032</p>	<p>Stay, Weigh and Play 1 - 2.30 pm Suitable for babies and children aged 0 - 5 years. No need to book, just turn up!</p>	<p>Half Crown Wood Family Hub is closed on a Friday For support, please contact Brookside Family Hub : 01562 827207</p>
<p>Kinship Carers Peer Support Group 9.30 - 11.30 am on the following dates: Monday 14th July 25 Monday 13th Oct 25 Monday 8th Dec 25 Monday 9th Feb 26 Monday 13th Apr 26 Monday 8th June 26 Monday 14th Sept 26 Monday 9th Nov 26</p>	<p>Men United Dad's and Male Caregivers Peer Support Group every other Tuesday 9 am - 12 pm No need to book, just turn up!</p>	<p>Volunteering Would you like to volunteer with us? We have lots of volunteer opportunities including: <ul style="list-style-type: none"> Stay, Weigh and Play volunteer Peer support volunteer Administration support volunteer and much more!</p>	<p>You can book onto any bookable course or Workshop using the link and QR code: www.worcestershire.gov.uk/groups </p>	<p>Healthy Start Vitamins.. Available from Brookside and Half Crown Wood Family Hubs To check your eligibility: www.healthystart.nhs.uk</p>
<p>Some groups and services are provided by external partners / agencies and are subject to change</p>	<p></p>	<p></p>	<p></p>	<p>www.worcestershire.gov.uk/familyhubs</p>