



**St George's C of E School
2025/2026 Sports Premium Strategic Plan**

Number of children	226
Allocation for September 2025 - July 2026	£17,670

Rationale

1 Corinthians 9:26-27: So I do not run aimlessly; I do not box as one beating the air. But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified.

At St. George's, the Physical Education curriculum and wider opportunities provision inspires all pupils to participate, enjoy, succeed and excel at individually targeted physical challenges. The Programme of Studies and extra-curricular provision engages pupils in both team and individual competitive sports and activities, in addition to enabling all children to have access to at least 30 minutes of physical activity every day. By giving pupils the opportunities to participate, personally challenge themselves, or compete in sport and other activities it enables our pupils to build character, and helps reinforce our school vision and values:

With God's guidance, we nurture our St George's Family to have a passion for learning and give them the strength to face challenges, so that they succeed and flourish in life's journey.



Whilst developing their competence to excel in a broad range of physical activities, St George's maximises opportunities for pupils to become physically confident in a way which supports their own health and fitness to lead, and be advocates for, healthy, active lives.

We provide opportunities to develop healthy, active lifestyles through:

1. the engagement of all pupils in regular physical activity – the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school

2. the profile of PE and sport is raised across the school as a tool for whole-school improvement
3. increased confidence, knowledge and skills of all staff in teaching PE and sport
4. broader experience of a range of sports and activities offered to all pupils
5. increased participation in competitive sport
6. The importance of Forest School to support children with their mental health and wellbeing

The DfE vision is that “all pupils leaving primary school to be physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.”

The Primary School Physical Literacy Framework, developed by Youth Sports Trust, Sport England, County Sport Partnership Network, Association of Physical Education and Sports Coach UK describe Physical Literacy as, “the motivation, confidence, physical competence, knowledge and understanding that provides children with the movement foundation for lifelong participation in physical activity. Enabling them to be physically literate supports their development as competent, confident and healthy movers.”

The improvements in school will provide additional, sustainable improvements to the provision of PE and sport for all pupils and to encourage healthy, active lifestyles as:

- Staff members will have increased their knowledge, skills and confidence teaching Physical Education
- Children will be educated about the positives of a healthy active lifestyle
- Children will be provided with a broader experience of sports

Forest School

Forest School at St George's C of E School continues to provide a rich, child-led, outdoor learning experience that enhances children's physical, emotional, social, and cognitive development. Sessions take place in our dedicated Forest School area and are delivered weekly to pupils across the school.

Aims of Forest School

- To build resilience, confidence, independence, and creativity.
- To support physical and mental wellbeing through regular time in nature.
- To promote environmental awareness and responsibility.
- To develop teamwork, communication, and problem-solving skills.
- To provide a safe environment for supported risk-taking and exploration.

Category	Specific area	Actions	Grant Spending
CPD	External training courses		£0
	Upskilling staff to deliver swimming lessons	Coaching for new to school teachers (x2)	£700
	Internal learning and development (cover)	PE subject leader leadership time with senior leader PE twilight sessions Subject Development time PE leadership coaching to colleagues PE lead coaching to 3 x ECT	£3,700
	Inter-school development sessions(cover)	PE lead visit to another school to look at provision for disadvantaged and SEND	£300
	Online training/resource development	Chance to shine online cricket CPD platform (time)	£500
	External coaches supporting confidence and competence	Cricket Coaching Football Coaching Rugby Coaching	£1,600
	Total CPD spend		£6,800

Internal Activities	School based extra-curricular clubs	Dance Club Wellbeing/Yoga Club Rounders Club Football Club Cricket Club Rugby Club Cross Country Club Playground leader lunchtime supervisor Netball Club	£5,613.75
	Internal sports competitions	Sports Day Multi-skills Festival Colour run	£500
	Top-up swimming/broadening aquatic opportunities	Year 6 top up swimming sessions	£1,800
	Active travel initiatives	Bikeability Walk to school campaign	£200
	Equipment and resources	Resources -teaching of the curriculum Forest School	£2,184.93

		Transport for external competition School Football Kit Lunchtime resources for play leaders	
	Membership fees		£0
	Educational platforms and resources		£0
	Total internal spend		£10,113.75
External activities	Organised by SGOs	Sensory Walk Boccia All Stars Programme: team building, climbing, dodgeball, cycling, athletics Athletics	£444.36
	Other inter-school sports competitions	WCCC Cricket Competition	£126.96
	External coaching staff	Football Coaching	£0
	Total external spend		£571.32
Overall Totals	Total funding received		£17,670
	Total PE & Sports Premium Spend		£17,670
	Total remaining		

